



**Rhode Island Yacht Club  
Cranston, RI**

**2023 Ladies' Cup Regatta  
Saturday, June 24, 2023**

Rhode Island Yacht Club is pleased to host the 2023 Ladies' Cup Regatta, celebrating the competitive spirit of women sailors on Narragansett Bay.

**NOTICE OF RACE**

**1. Organizing Authority:** Rhode Island Yacht Club

**2. RULES**

- 2.1. This regatta is governed by the rules in "The Racing Rules of Sailing 2021-2024" (RRS).
- 2.2. The RRS can be found at [www.USSailing.org](http://www.USSailing.org). Direct Link to [The Rules](#)
- 2.3. In particular, rule 30.1, the I-Flag or "Round-an-End Rule" will be observed. "If flag I has been displayed, and any part of a boat's hull is on the course side of the starting line or one of its extensions during the last minute before her starting signal, she shall sail across an extension so that her hull is completely on the pre-start side before she starts."  
This is our default start and is in effect whether or not the I-Flag is shown.
- 2.4. Rule 44.1 is changed to make the penalty of breaking one or more rules of Part 2 a one turn penalty, not two turns.
- 2.5. This is a non-spinnaker race
- 2.6. Only a single headsail, fully hanked to the headstay is allowed, except during the rapid change of headsails.

**3. ELIGIBILITY and REGISTRATION**

- 3.1. Mono-hull sailboats must have a valid 2023 PHRF-NB certificate and rating. Current-year PHRF ratings must have been obtained from PHRF-NB and be delivered or accessible to the Race Committee via the PHRF-NB website ([www.phrf-nb.org/ratings](http://www.phrf-nb.org/ratings)).
- 3.2. Competitors must be registered by having a PHRF certificate and complete application and waiver submitted to the Rhode Island Yacht Club (RIYC) Race Committee.  
Competitors may access the application and waiver at [www.riyachtclub.org/riyc-race-series](http://www.riyachtclub.org/riyc-race-series), fill out and submit the form online
- 3.3. Each participating boat shall have a valid certificate of insurance on file with the office at RIYC.  
Visiting competitor yachts must attest to proper insurance.
- 3.4. The Deadline for registration is 1600, Thursday June 22, 2023

The registration fee for non members may be paid in person, or mailed via check or money order in advance to:

Race Committee - Ladies' Cup Regatta  
Rhode Island Yacht Club  
One Ocean Avenue  
Cranston RI 02905

4. **CLASS:** There will be one class: PHRF non-spinnaker class
5. **FEE:** The application fee is \$40 per boat
6. **NOTICES TO COMPETITORS:**

Notices to competitors will be posted at [www.riyachtclub.org/riyc-race-series](http://www.riyachtclub.org/riyc-race-series) or on the Race Committee bulletin board located at RIYC.
7. **SCORING SYSTEM**
  - 7.1. Scoring shall be on a Time on Distance method adjusted for Narragansett Bay PHRF.
  - 7.2. For purposes of awarding the Ladies' Cup and in the spirit of the event, boats with a 100% female crew shall be provided with a 10 seconds/mile PHRF rating credit
8. **PRIZES**
  - 8.1. Trophies will be presented to 1st, 2nd and 3rd place boats.
  - 8.2. The Ladies' Cup perpetual trophy will be engraved with the top finisher based on corrected time.
9. **SCHEDULE:** The Warning Signal will be at 13:00
10. **SAILING INSTRUCTIONS:**

Sailing Instructions will be available on the Rhode Island Yacht Club Website ([www.riyachtclub.org/riyc-race-series](http://www.riyachtclub.org/riyc-race-series)) by Thursday, June 22rd, 2023.
11. **COURSE AREA:**

The course area will be in the upper Narragansett Bay. It is the intention of the Race Committee to use a fixed course that will be described in the Sailing Instructions.
12. **COMMUNICATIONS AND SAFETY**
  - 12.1. The race area utilizes navigable waters shared by commercial traffic and other stakeholders.
  - 12.2. The Sailing Instructions will contain specific instructions regarding the rights of commercial traffic and other vessels restricted in their ability to maneuver.
  - 12.3. All PHRF competitors are required to maintain an active listening watch on VHF channel 72.
  - 12.4. On the water the race committee may make courtesy broadcasts on VHF 72.
  - 12.5. While racing from the first warning signal until the end of the race, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
  - 12.6. All skippers are reminded they are responsible for the safety of their crew and of the requirement to help any others in danger.
13. **DECISION TO RACE, ACCEPTANCE OF THE RULES AND DISCLAIMER OF LIABILITY:**
  - 13.1. Competitors are required to complete/accept the Rhode Island Yacht Club Liability Waiver, as part of the application to race, before participating in this event.
  - 13.2. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

## **FURTHER INFORMATION**

Regatta HQ and all off-water events will be held at the Rhode Island Yacht Club.

All visiting race boats are eligible for mooring and launch services June 23rd through the 25th. Contact the RIYC Marina on VHF channel 78. RIYC participates on Dockwa.com.

The RI Yacht Club has a full service restaurant and bar along with shower and bathroom facilities available.

A casual awards banquet and cook-out style meal will be hosted following the race

Please contact:

Tom Tracy, Race Chair

Email: [race@riyc.org](mailto:race@riyc.org)

Rhode Island Yacht Club

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Cranston, RI

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